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# Reactive tunnel junctions in electrically-driven plasmonic nanorod metamaterials

Pan Wang<sup>\*,†</sup>, Alexey V. Krasavin<sup>†</sup>, Mazhar E. Nasir, Wayne Dickson, and Anatoly V. Zayats<sup>\*</sup>

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6 Department of Physics, King's College London, Strand, London WC2R 2LS, UK

<sup>7</sup> <sup>†</sup>These authors contributed equally to this work

<sup>\*</sup>Corresponding author: pan.wang@kcl.ac.uk, a.zayats@kcl.ac.uk

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Hot, nonequilibrium carriers formed near the interfaces of semiconductors or metals play a 10 crucial role in chemical catalysis and optoelectronic processes. In addition to optical illumination, 11 an efficient way to generate hot carriers is by excitation with tunnelling electrons. Here we show 12 that the generation of hot electrons makes the nanoscale tunnel junctions highly reactive and 13 facilitates strongly confined chemical reactions which can in turn modulate the tunnelling 14 processes. We designed a device containing an array of electrically-driven plasmonic nanorods 15 with up to 10<sup>11</sup> tunnelling junctions per square centimeter, which demonstrates hot-electron 16 activation of oxidation and reduction reactions in the junctions, induced by the presence of  $O_2$  and 17 H<sub>2</sub> molecules, respectively. The kinetics of the reactions can be monitored in-situ following the 18 radiative decay of tunnelling-induced surface plasmons. This electrically-driven plasmonic 19 nanorod metamaterial platform can be useful for the development of nanoscale chemical and 20 optoelectronic devices based on electron tunnelling. 21

Ouantum-mechanical tunnelling enables the transport of electrons across a nanoscale gap between two 23 conducting electrodes. The broadband fluctuations in the tunnelling current can excite surface plasmons 24 -the collective oscillations of free electron gas-in metallic nanostructures, providing a method for 25 plasmon excitation with several distinct advantages, including high compactness, fast response, and free 26 of background noise<sup>1-5</sup>. The electron-to-plasmon conversion efficiency is only about one plasmon per 27  $10^5$  electrons in metal-dielectric-metal junctions<sup>1,5</sup> and scanning-tunnelling-microscope experiments<sup>2-4</sup>. 28 However, this can be improved by one or two orders of magnitude by nanostructure design (using single 29 optical antennas or their microscale  $\operatorname{arrays}^{6-8}$ . In addition, assembling such electrically-driven 30 nanoantennas using metamaterial approaches on a macroscopic scale would allow additional flexibility 31 in engineering the local density of optical states, a crucial step to efficient surface plasmon generation. 32

Optically excited surface plasmons have recently been proposed for the efficient generation of hot 33 carriers<sup>9-11</sup>, which can be productively used for chemical catalysis and optoelectronics<sup>9,10,12-17</sup> if 34 extracted from the metal into its surroundings before they thermalize by heat generation<sup>10,18</sup>. During the 35 tunnelling process, the majority of electrons tunnel elastically (maintaining their energy), appearing as 36 energetic hot electrons in the receiving electrode<sup>19</sup>. Therefore, tunnel junctions can be used to harvest 37 hot electrons for the controllable activation of highly-confined chemical reactions. Since tunnelling is 38 extremely sensitive to any changes in the nanometer scale tunnelling gap<sup>20,21</sup>, it can be significantly 39 influenced by chemical processes, thus affecting surface plasmon generation due to inelastic tunneling 40 and related light emission. In this manner, tunneling can be used for real-time detection of 41 environmental changes at the molecular level in the junctions, serving as both nanoreactors and sensors. 42 and for the investigation of hot-electron effects. 43

One prospective metamaterial design to maximally exploit tunnelling effects is an array of

electromagnetically coupled nanorods in which each nanorod functions both as a tunnel tip and as an
optical antenna (Fig. 1a,b). The typical nanorod areal densities are as high as 10<sup>10</sup> to 10<sup>11</sup> cm<sup>-2</sup>, while the
metamaterials can cover macroscopic areas due to the scalable electrochemical fabrication technique.
The large surface area provided by this type of metamaterial and the responsiveness to refractive index
changes have already been employed for record-sensitivity biological<sup>22</sup> and chemical<sup>23</sup> sensing,
ultrasound detection<sup>24</sup> as well as for water splitting<sup>12</sup>.

Here, by taking advantage of high-density Au nanorod arrays, we demonstrate the stimulation of hot electrons, surface plasmons and light emission in the metamaterials by electron tunnelling over a macroscopic (up to  $\sim 1 \text{ cm}^2$ ) surface area. The large flux of hot electrons makes the tunnel junctions highly reactive as demonstrated here on the example of strongly confined oxidation and reduction reactions involving O<sub>2</sub> and H<sub>2</sub>, respectively. These reactions are monitored either optically by changes in the intensity of light emission ( $\sim$ 50%) resulting from the radiative decay of tunnelling-generated surface plasmons, or electrically via tunnelling current variations ( $\sim$ 10%).

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#### 59 Design of electrically-driven nanorod metamaterials

Experimentally, the plasmonic nanorod metamaterials were fabricated by direct electrodeposition of Au into substrate-supported porous Al<sub>2</sub>O<sub>3</sub> templates (see Methods and Supplementary Section 1). Figure 1c shows the surface morphology of an ion-milled (Supplementary Section 2) metamaterial (nanorod diameter  $d \approx 50$  nm, length  $l \approx 420$  nm, and separation between the nanorods  $s \approx 100$  nm). The nanorod tips are several nanometers lower than the surrounding Al<sub>2</sub>O<sub>3</sub> matrix (Supplementary Fig. 1). The optical transmission spectra obtained with TM polarized light (Fig. 1d) are dominated by two nearly-merged polarization-dependent extinction peaks as the metamaterial is strongly anisotropic<sup>25,26</sup>. The reflection spectra reveal the two guided modes supported by the metamaterial slab when illuminated in the attenuated total internal reflection geometry. The counterparts of these modes also exist within the light cone in the low wave-vector region, corresponding to relatively low quality-factor Fabry-Perot modes<sup>26</sup>.

Taking advantage of the nanometer-scale height difference between the Au nanorods and the 71 surrounding Al<sub>2</sub>O<sub>3</sub> matrix (Fig. 1c), it is straightforward to construct electrically-driven plasmonic 72 nanorod metamaterials based on metal-air-metal tunnel junctions by using liquid eutectic 73 gallium-indium (EGaIn) as a top contact<sup>5</sup> (Fig. 2a, see Methods and Supplementary Section 3). When a 74 bias is applied between the Au nanorods and EGaIn, electrons tunnel across the nanometer-scale air 75 gaps from occupied states in EGaIn to unoccupied states in Au nanorods (Fig. 2b). The majority of 76 electrons tunnel elastically, appearing as hot electrons in the Au nanorods. The electrons which tunnel 77 inelastically can excite plasmonic modes in the nanorods forming the metamaterial. The excited 78 plasmons can then either radiate into free-space light via the metamaterial slab modes or decay into hot 79 carriers in the nanorods. 80

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#### 82 Electric excitation of plasmons in metamaterials

A typical current–voltage curve for the device (Fig. 2c) shows that the measured current increases nonlinearly with the increasing bias, confirming electron tunnelling through the air gaps<sup>27</sup>. The experimental result is in excellent agreement with numerical simulations of the electron tunnelling process (Fig. 2c, see Supplementary Section 4), in which the averaged thickness of the air gaps was estimated to be around 1.15 nm. Strong light emission of a distinctly red colour (an area of approximately 4 mm<sup>2</sup>) was observed from the substrate side when a bias of 2.5 V was applied (inset of

Fig. 2c). The observed emission is due to the excitation of a metamaterial plasmonic mode via the 89 inelastic tunneling process, which subsequently radiates into free space (Fig. 2b). Due to the large 90 number of effective nanoscale tunnel junctions in the metamaterial (nanorod areal density 91 approximately  $1.3 \times 10^{10}$  cm<sup>-2</sup>), the emission is visible to the naked eye, making signal detection trivial 92 for practical applications as well as providing a large surface area comprised of multiple nanorods for 93 the extraction of hot electrons. The efficiency of the inelastic tunnelling process is estimated to be about 94 0.1% (Supplementary Section 5), a value which qualitatively agrees with previous experimental 95 observations<sup>7</sup> and theoretical predictions $^{28,29}$ . 96

The emission spectra measured under varying forward bias (Fig. 2d and Supplementary Section 6) 97 are relatively broad, typical for tunnelling-based excitation. With an increasing applied bias, the 98 intensity of emission increases gradually (Supplementary Fig. 4), and is accompanied by a blue-shift of 99 the cutoff wavelength. This is expected for light emission generated by inelastic tunnelling electrons<sup>1,5–7</sup>, 100 as the energies of the emitted photons are always less than the energy of tunnelling electrons (see 101 Methods and Supplementary Section 8). The simulated spectra of the tunnelling-electron-induced 102 emission are in excellent agreement with the experimental observations (Fig. 2e); their shape is defined 103 by the product of the emission spectrum of the tunnelling current source, the modal profile of the 104 metamaterial and the radiation efficiency of the excited modes<sup>7</sup> (see Methods). Particularly, the field 105 map of the  $E_x$  component of the electric field (Fig. 2f) related to the cylindrical plasmon modes of the 106 nanorods, clearly shows that the maximum emitted intensity (Fig. 2e) corresponds to the coupling of the 107 tunnelling-excited surface plasmons to the metamaterial mode (mode 3), which facilitates radiation into 108 the far-field measured in the experiment. 109

#### 111 Hot-electron-activated reactive tunnel junctions

Considering that the inelastic tunnelling efficiency is estimated to be  $\sim 0.1\%$ , approximately 99.9% of 112 the electrons tunnel elastically appearing as hot electrons in the nanorod tips. Under a forward bias of 113 2.5 V (tunnelling current of ~0.085 A, Fig. 2c), hot electrons are generated at a rate of ~ $10^9$  s<sup>-1</sup> in the tip 114 of each nanorod with the same energy of 2.5 eV (different from the plasmon-induced hot electrons with 115 broad energy and spatial distributions<sup>30</sup>). The highly efficient and confined hot-electron generation 116 makes the tunnel junctions highly reactive and opens up opportunities for modulating the tunnelling 117 processes via the hot-electron-activated reactions. To demonstrate this capability, we stimulated 118 hot-electron-driven oxidation and reduction reactions involving O2 and H2 in the junctions which were 119 monitored in real time by observing the modified light emission from the metamaterial. 120

To make use of the hot electrons for chemical reactions, metal-polymer-metal tunnel junctions 121 were constructed (Fig. 3a) allowing to access the tunnelling region instead of the closed metal-air-metal 122 tunnel junctions (Fig. 2a). Beginning with a nanorod metamaterial ( $d \approx 66$  nm,  $l \approx 480$  nm,  $s \approx 105$  nm), 123 the Al<sub>2</sub>O<sub>3</sub> matrix was first chemically etched in order to expose the Au nanorod tips (Supplementary 124 Section 10), so that they were  $\sim 10$  nm higher than the surrounding template facilitating the interaction of 125 tunnel junctions with the gas molecules (Fig. 3b). The nanorod tips were then functionalized with a 126 monolayer of poly-L-histidine (PLH) which works both as a tunnel barrier and a reactant (see Methods 127 and Supplementary Section 11), and finally a droplet of EGaIn was added on top. Under an applied bias, 128 a nonlinear current-voltage curve and associated light emission were observed from the device 129 (Supplementary Fig. 8), confirming tunnelling process in the functionalized nanorod tips. 130

The electrically-driven metamaterial was then placed in a gas cell and both the tunnelling current and the light emission spectrum were monitored simultaneously (Supplementary Section 13). At the

beginning, the cell was purged with 2% H<sub>2</sub> in N<sub>2</sub> atmosphere and then maintained in pure N<sub>2</sub>. When O<sub>2</sub> 133 was subsequently introduced into the gas cell with air, the emission intensity gradually increased 134 reaching twice the original value (Fig. 3c). Then, following the reintroduction of 2% H<sub>2</sub> in N<sub>2</sub>, the light 135 emission intensity decreased back to the initial value (Fig. 3d). By cycling the cell atmosphere between 136 air with 26% relative humidity (RH), N<sub>2</sub>, 2% H<sub>2</sub> in N<sub>2</sub>, O<sub>2</sub>, and 2% H<sub>2</sub> in N<sub>2</sub> with 75% RH (Fig. 3e), it 137 was confirmed that the observed changes of the emission intensity, which reflect the modification of the 138 tunnel junctions, were caused by the reaction of tunnel junctions with O<sub>2</sub> and H<sub>2</sub> molecules 139 (Supplementary Section 14). It is worth noting that it takes several minutes to complete the reactions 140 due to the highly-confined metal-PLH-metal tunnel junctions which hinders the fast diffusion of gas 141 molecules. 142

We have also investigated the effect of the applied bias on the induced chemical processes. This 143 was conducted by firstly measuring the stabilized emission spectrum characteristic of the tunnel 144 junctions in an environment of ambient air or 2% H<sub>2</sub> in N<sub>2</sub> at an applied sensing bias of 2.5 V. Then, the 145 bias was varied to a predetermined test value (2.5, 2.0, 1.5, 1.0, 0.5, and 0 V), the cell atmosphere was 146 147 exchanged, and the device was kept under this bias for 10 minutes. In order to interrogate the tunnel junction state after the test period, the bias was changed back to 2.5 V, and a sequence of emissions 148 spectra were recorded every 50 s until the device reached saturation. Figure 4a shows the percentage 149 change in emission intensity during the 10-min period under different value of test bias (plotted from 150 Supplementary Fig. 10). It was observed that the chemical reactions involving O<sub>2</sub> (blue bars in Fig. 4a) 151 and H<sub>2</sub> (red bars in Fig. 4a) molecules are highly dependent on the applied bias; the higher the bias, the 152 faster the rate of the reaction. The bias-dependent response is highly indicative of the role of the 153 hot-electron energy on the reactions which depends on the voltage applied to the tunnel junction, as was 154

In order to further verify the role of hot electrons in the reactions, we studied the reactions in the 156 unbiased ( $V_b = 0$  V, no tunnelling-induced hot electrons) tunnel junctions while under external 157 illumination which can generate hot electrons via the optically excited plasmons (Supplementary 158 Section 15). The response to the reaction with  $O_2$  is highly dependent on the illumination wavelength 159 (blue bars in Fig. 4b and Supplementary Figs. 11a-d). The emission intensity increased 100% to the 160 highest level during the test period when the surface plasmons related to the nanorods forming the 161 metamaterial were efficiently excited (500-750 nm illumination, see inset of Fig. 4b), whereas in the 162 case of less efficient plasmonic excitation (>800 nm illumination), the emission intensity change is 163 almost the same as without illumination. This directly confirms the role of hot electrons in the chemical 164 reaction involving the O<sub>2</sub> molecules: when the device is operated under 2.5 V in N<sub>2</sub>, hot electrons are 165 mainly generated in the Au nanorod tips via the elastic tunnelling of electrons<sup>19</sup> (Fig. 2b and process 1 in 166 Fig. 4c); upon the switching of cell atmosphere from N<sub>2</sub> to air, O<sub>2</sub> molecules diffuse into the tunnel 167 junctions and interact with the hot electrons, forming transient negative  $O_2^{-}$  species facilitated via 168 hot-electron transfer from the Au to the antibonding orbital of O<sub>2</sub> and eventually dissociated into O 169 atoms<sup>14,31,32</sup>. The O atoms subsequently form Au oxides with the surface atoms of Au nanorod tips 170 (although Au is the most resistant noble metal to oxidation in air even at elevated temperature, Au 171 oxides can be formed in highly reactive environments<sup>33,34</sup>), while the Au oxides can in turn oxidize the 172 PLH monolayer (NH group in the imidazole rings and/or amino groups of PLH near the nanorod tips 173 can undergo oxidative dehydrogenation and coupling reactions)<sup>14,31,34–36</sup>. The oxidation of the tunnel 174 junctions finally causes a change in the tunnelling barrier that subsequently changes the plasmon 175 excitation and, therefore, the light emission intensity (process 2 in Fig. 4c, optically revealed in Fig. 3c). 176

The reaction induced by H<sub>2</sub> molecules is not influenced by the external illumination (red bars in Fig. 4b 177 and Supplementary Figs. 11e-h). This is due to the formation of Au oxides after reaction in air which 178 can hinder the interaction of plasmon-induced hot electrons with H<sub>2</sub> molecules. And the 179 plasmon-assisted heat generation under the external illumination condition (~0.1 W cm<sup>-2</sup>) is not enough 180 to activate the reaction of H<sub>2</sub> molecules with the Au oxides. However, in the case of tunnelling (electric 181 power density of  $\sim 5.6$  W cm<sup>-2</sup> under an applied bias of 2.5 V), the elevated temperature in the tunnel 182 junctions (~63°C, see Supplementary Section 16), mainly due to the relaxation of the hot electrons<sup>37</sup>, can 183 improve the reactivity of H<sub>2</sub> molecules facilitating the reduction of Au oxides (because of the Arrhenius 184 dependence of rate constants on temperature $^{38,39}$ ). This subsequently makes the hot electrons accessible, 185 resulting in the dissociation of H<sub>2</sub> molecules into H atoms<sup>13,40</sup> and then the full recovery of the tunnel 186 junctions (hydrogenation of the oxidized PLH monolaver back to PLH) together with the plasmon 187 excitation and light emission (process 3 in Fig. 4c, optically revealed in Fig. 3d). At the same time, 188 metastable gold hydride can form due to the absorption of H atoms on the nanorod tips<sup>31,41</sup> (process 4 in 189 Fig. 4c), evidenced by the emission intensity change when the device was purged with N<sub>2</sub> after the 190 reaction with H<sub>2</sub> molecules (black circles in Fig. 3e). It can be estimated that about  $10^{-5}$ % of the input 191 electric energy is used for the chemical reactions during the reaction period limited by small number of 192 available molecules in the nanojunctions (Supplementary Section 17). The chemical reactions influence 193 both the light emission intensity and the tunnelling current when the cell atmosphere was cycled 194 between air and 2% H<sub>2</sub> (Fig. 4d). The change of the emission intensity exhibits an opposite trend to that 195 of the current, which may be attributed to the difference in the inelastic tunnelling efficiencies through 196 pristine and oxidized tunnel junctions. 197

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The nanoscale reactive tunnel junctions demonstrated above can also be considered for gas sensing.

Due to the high spatial confinement of the electron tunnelling process and its extreme sensitivity to the 199 junction properties<sup>20,21,42</sup>, as well as the abundant energetic hot electrons in the junctions, it is promising 200 to develop sensors based on electrically-driven plasmonic nanorod metamaterials with atomic level 201 sensitivity and small footprint. As shown in Fig. 4d, the changes in the emission intensity are about 5 202 times higher than that of the tunneling current (50% vs 10%), indicating the high sensitivity of optical 203 detection for tunnelling-based sensors (the non-optimized sensitivity for H<sub>2</sub> sensing demonstrated here 204 is about two times higher than the previous result based on Pd-coated Au nanorod metamaterials<sup>23</sup>). In 205 addition, by choosing an appropriate material for the functionalization of tunnel junctions, the device 206 can be designed to transduce a variety of chemical and physical stimuli (e.g., gas, molecule, light, or 207 pressure). 208

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#### 210 Conclusions

We have demonstrated the potential for controlling chemical reactions at the nanoscale using 211 tunnelling-driven generation of hot electrons in metal-polymer-metal gaps. By monitoring either the 212 changes in the tunnelling current or the light intensity due to radiation of the excited plasmonic modes, 213 we have demonstrated both optical and electrical detection schemes that allow for a precise monitoring 214 of the tunnel junction's reactive properties. In addition to the sensing applications, it is evident that the 215 electrically-driven metamaterial platform can also be used as an array of nanoreactors. It can be applied 216 for the *in-situ* studies and real-time monitoring of chemical transformation of molecules functionalized 217 in the junctions, such as the oxidation of aromatic amines or the reduction of aromatic nitro compounds 218 to produce aromatic azo dyes<sup>31</sup>; it can also be applied for the activation of gas phase reactions such as 219 the degradation of volatile organic compounds (e.g., HCHO and CO)<sup>14</sup>. Thus, it can work as a 220

lab-on-a-chip device to assist in developing and understanding new chemical reactions where precise 221 222 stimulation and monitoring is paramount. In addition to operation in a gas environment or vacuum, it is also possible to use the electrically-driven metamaterial platform for the activation of reactions in liquid 223 environments (such as ethanol, see Supplementary Section 18). By reciprocity, the metamaterial is also 224 capable of harvesting far-field radiation into localized energy such as hot electrons and heat, which is of 225 interest for applications such as photodetection and thermoelectricity<sup>17,43,44</sup>. Combining the high 226 sensitivity of tunnel junctions with a compact electric excitation method and the large surface area for 227 hot-electron extraction provided by nanorod metamaterials, the described metamaterial platform merges 228 electronics, plasmonics, photonics, and chemistry for the study and manipulation electrons, plasmons, 229 and photons at the nanoscale. 230

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#### 333 Author contributions

A.V.Z. and P.W. conceived the study. P.W. constructed the experiment, performed the measurement and analyzed the data. M.E.N. and W. D. fabricated the plasmonic nanorod metamaterials. A.V.K. performed numerical simulations. All the authors discussed the results and co-wrote the paper.

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## 338 Additional information

Supplementary information is available in the online version of the paper. Reprints and permission
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should be addressed to P.W. or A.V.Z.

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# 343 **Competing financial interests**

344 The authors declare no competing financial interests.

#### **Figure captions**

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348 Figure 1 | Structural and optical properties of plasmonic nanorod metamaterials. a, Schematic diagram of the nanorod metamaterial, where d and l represent the diameter and length of the nanorods, 349 respectively, and s is the separation between the nanorods. **b**, Cross-sectional view of a metamaterial 350 showing Au nanorods embedded in a porous  $Al_2O_3$  template. c, Surface morphology of an ion-milled 351 metamaterial analysed by atomic force microscopy. The dips are the tips of Au nanorods surrounded by 352  $Al_2O_3$ , d. Experimental dispersion of extinction (for the angles below total internal reflection) and 353 reflection (for the angles above total internal reflection) of the metamaterial for TM-polarized 354 illumination. 355

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Figure 2 | Electrically-driven nanorod metamaterial based on metal-air-metal tunnel junctions. 357 **a**,**b**, Schematics of the device configuration (**a**) and the tunnelling processes (**b**). When a bias is applied 358 between the EGaIn and Au nanorods, electrons tunnel across the junctions from occupied states in 359 EGaIn to unoccupied states in Au nanorods. The majority of electrons tunnel elastically to form hot 360 electrons in the Au nanorod tips; the inelastically tunnelling electrons excite surface plasmons in the 361 metamaterial, which can then decay non-radiatively via the excitation of hot carriers or radiatively into 362 photons from the substrate side of the metamaterial. c, Experimentally measured and theoretically 363 calculated current-voltage curves for a device fabricated using the metamaterial shown in Fig. 1. Inset, 364 photograph of the device with an applied bias of  $V_b = 2.5$  V. d,e, Measured (d) and simulated (e) 365 emission spectra of the device as a function of the applied forward bias. f, Simulated near-field map of 366 the metamaterial plasmonic mode excited via tunnelling and the subsequent radiation of the optical 367

368 signal into the far field.

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Figure 3 | Electrically-driven nanorod metamaterial with reactive tunnel junctions. a, Schematic 370 diagram of the device configuration based on metal-polymer-metal tunnel junctions. The Al<sub>2</sub>O<sub>3</sub> matrix 371 was first chemically etched in order to expose the Au nanorod tips. The nanorod tips were then 372 functionalized with a monolayer of poly-L-histidine (PLH) which works both as a tunnel barrier and a 373 reactant. **b**, Surface morphology of an etched metamaterial with the exposed nanorod tips. **c**,**d**, The 374 evolution of the emission spectra of the metamaterial ( $V_b = 2.5$  V) when the cell atmosphere was 375 switched from  $N_2$  with 2%  $H_2$  to air (c) and from air to  $N_2$  with 2%  $H_2$  (d). e, Integrated emission power 376 from the metamaterial measured when the cell atmosphere was dynamically changed between air, N<sub>2</sub>, 2% 377 H<sub>2</sub> in N<sub>2</sub>, O<sub>2</sub>, and 2% H<sub>2</sub> in N<sub>2</sub> with 75% RH. 378

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Figure 4 | Electro-photo-chemistry in nanoscale tunnel junctions. a, Changes of the emission 380 intensity from the device during 10-min period for different test biases without external illumination, 381 plotted from Supplementary Fig. 10. b, Changes of the emission intensity from the device during 382 10-min period under various external illumination conditions without applied bias, plotted from 383 Supplementary Fig. 11. Inset, experimental dispersion of extinction of the metamaterial for 384 TM-polarized illumination. c, Schematics of the mechanism for the chemical reactions in the reactive 385 tunnel junction. **d**, Tunnelling current (red hollow squares) and emission power (blue hollow circles) 386 measured when the cell atmosphere was cycled betweent air and N<sub>2</sub> with 2% H<sub>2</sub> under  $V_b$  = 2.5 V bias. 387

#### 389 Methods

Fabrication. Plasmonic nanorod metamaterials were fabricated via Au electrodeposition into 390 nanoporous Al<sub>2</sub>O<sub>3</sub> templates on a glass substrate<sup>22,24,25</sup>. Fabricated metamaterials were then ion-milled 391 (V6000 mill & sputter system, Scientific Vacuum Systems) at an oblique angle of 75° with respect to the 392 normal to the sample surface. Metal-air-metal tunnel junctions were fabricated by using EGaIn (> 99.99%) 393 trace metals basis, Sigma-Aldrich) as a top contact. Because the surface of EGaIn is protected by a 394 native skin of highly conductive Ga<sub>2</sub>O<sub>3</sub> (<1 nm in thickness), it provides excellent structural stability to 395 the liquid metal so that EGaIn can deform to match the metamaterial surface but not penetrate into the 396 pores, making it possible to form nanometer-scale air gaps above the nanorod tips. Metal-PLH-metal 397 tunnel junctions (Fig. 3a) were fabricated as follows: firstly, a wet chemical etching method was used to 398 make the surrounding Al<sub>2</sub>O<sub>3</sub> matrix lower than the nanorod tips; secondly, the exposed Au nanorods 399 were functionalized with a monolayer of PLH ( $M_w = 5,000-25,000$ , Sigma-Aldrich) by self-assembly 400 method to form a ~1.7-nm-thickness dielectric layer; finally, a droplet of EGaIn was added to form the 401 402 top contact.

**Optical characterization.** The nanorod metamaterial was mounted vertically on a sample holder, which was then connected to a power supply for the electric excitation and an ammeter to monitor the tunnelling current. A 20X objective (NA = 0.28, Plan Apo SL, Nikon) was used to collect the light emission from the substrate side of the metamaterial, which was then redirected to a spectrometer (Triax 332, Horiba Jobin Yvon) equipped with a charge-coupled device for spectral analysis. All the emission spectra were obtained using the same exposure time of 0.5 s, and then normalized using the spectral response function of the apparatus. The plots in Figs. 3e, 4d, S10 and S11 are the integrated intensity 410 over the measured emission spectra. The long-term and on-off switching stability of the device were411 also checked (Supplementary Fig. 6).

Numerical simulations. Upon inelastic tunnelling, the emission spectrum from the tunnel junction is 412 defined by a product of the emission spectrum of the tunnelling current source (determined by the 413 Fourier transform of the current fluctuations  $C(\omega) \sim \left(1 - \frac{\hbar\omega}{\rho V}\right)$ , where *e* is the electron charge, *V* is 414 the applied bias, and  $\hbar$  is the Planck's constant<sup>28,45</sup>), the modal profile of the metamaterial (determined 415 by the local density of states at the dipole position) and the radiative efficiency of the excited modes in 416 free space<sup>7</sup>. Numerically, the emission spectrum was found by placing a dipole with a dipole moment 417 determined by  $C(\omega)$  in the tunnelling area and integrating the optical power emitted within the angular 418 range set by the numerical aperture used in the experiment<sup>6</sup>. The dipole characteristic position was 419 chosen to be  $r/\sqrt{2}$  from the nanorod axis (r is the nanorod radius) in the direction of the closest 420 nanorod. The dipole moment was set collinear to the z axis along the direction of the tunnelling current<sup>7</sup>. 421 For treatment of the full 3D vectorial electromagnetic problem, finite element numerical simulations 422 (COMSOL software package) were employed. To mimic the emission of the dipole in an infinite (in a 423 lateral direction) metamaterial slab, 6×6, 8×8 and 10×10 nanorod arrays were modelled, returning 424 essentially the same results, which confirms the validity of the approach for the infinite array of 425 nanorods. In all the models, the simulation domain was surrounded by perfectly matched layers, 426 ensuring the absence of reflection from its boundaries. 427

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429 Data availability. All the data supporting this research are presented in full in the results section and 430 supplementary materials. The data that support the plots within this paper and other findings of this 431 study are available from the corresponding author upon reasonable request.

# **References**

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